

DRINK SPIKING

STAY SAFE, STAY ALERT AND GET HELP

1. RECOGNISE THE SYMPTOMS

- Feeling dizzy, confused, or nauseous suddenly.
- Blurred vision, slurred speech, or difficulty concentrating.
- Loss of consciousness or extreme tiredness.
- Acting out of character or memory loss.

2. IF IT'S HAPPENING TO YOU

- Get to a safe place immediately, away from the venue if possible.
- Tell someone you trust (friend, staff, or security) what's happening.
- Ask someone to call 000 to seek help.

3. IF IT'S HAPPENING TO SOMEONE ELSE

- Stay with them and keep them conscious if possible.
- Don't let them leave alone or with anyone suspicious.
- Move them to a quiet and safe place away from crowds.
- Call for help from staff, security, or a trusted friend.

4. SEEK MEDICAL HELP

- Call 000 immediately if symptoms worsen or they lose consciousness.
- Tell the ambulance or medical staff that their drink may have been spiked.
- Stay with the person and monitor their breathing and pulse.

5. REPORT IT

- Inform venue staff that a drink has been spiked so they can take action.
- Report the incident to police by calling 000. Drink spiking is a serious crime in Australia.
- Consider testing: If within a few hours, a hospital may be able to test for drugs used in drink spiking.

PREVENTING DRINK SPIKING

- Don't leave your drink unattended – always keep it with you or with trusted friends.
- Avoid accepting drinks from strangers or drinks that have been out of your sight.
- Cover your drink with your hand or a coaster when in crowded spaces.

SUPPORT

- Lifeline Australia: 13 11 14
- National Sexual Assault, Domestic Family Violence Counselling Service – 1800 RESPECT
- Police Assistance Line – 131 444

REMEMBER

If you suspect a drink has been spiked, acting quickly can save you or someone else from serious harm. Don't hesitate to seek help.



HARRISON RIEDEL
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YOUR CREW